

# SAMPLER MENU

Some items that are listed from our Appetizer, Lunch, Dinner and Dessert Menu

Lazy Bear Expeditions



Polar Bear Tour

## APPETIZER

### Boreal Salad

Mixed greens topped with alfalfa sprouts, mandarin orange, red onion, asiago cheese, pumpkin seeds and sunflower seeds. Served with wild blueberry vinaigrette.

## LUNCH

### The ORIGINAL Lazy Burger

Lazy Bears original and most popular burger with pickles, lettuce, tomato, onions, and our signature Lazy Bear sauce.

### Orange Dill Chicken Pita

Savory chicken, bruschetta, lettuce, and shredded cheese lightly dressed with orange dill mayo wrapped in a soft pita.

## DINNER

### Pan-Fried Arctic Char

Arctic Char from the waters of the Hudson Bay.

### Braised Peppered Elk

Tender strips of Elk slow cooked with peppers in a peppercorn demi.

### Slow Roasted Manitoba Bison

Thin slices of Manitoba Bison with red wine rosemary jus.

### Pasta Primavera

Tender, colourful vegetables on wide egg noodles with white wine parmesan alfredo sauce served with asiago cheese and our house made focaccia bread.

### Sesame Ginger Stir-Fry

Crisp vegetables sautéed with fresh ginger on rice pilaf served with our house made focaccia bread.

## DESSERT

### Muddy Ice Flow

Our original dessert: Vanilla ice cream between layers of rich chocolate brownie covered with a "Muddy River" of chocolate and whip cream.

Kayaking



with Beluga Whales

